

Winter 2008/09

www.spasecretsmagazine.com

Spa Secrets

for mind, body & soul

winter blues

tips to help you through the winter

island
the sun

luxury winter
breaks in cyprus

pressure point

hands-on therapies
to relax & revive

simply elle

spa talk with model
elle macpherson

croatian
escape

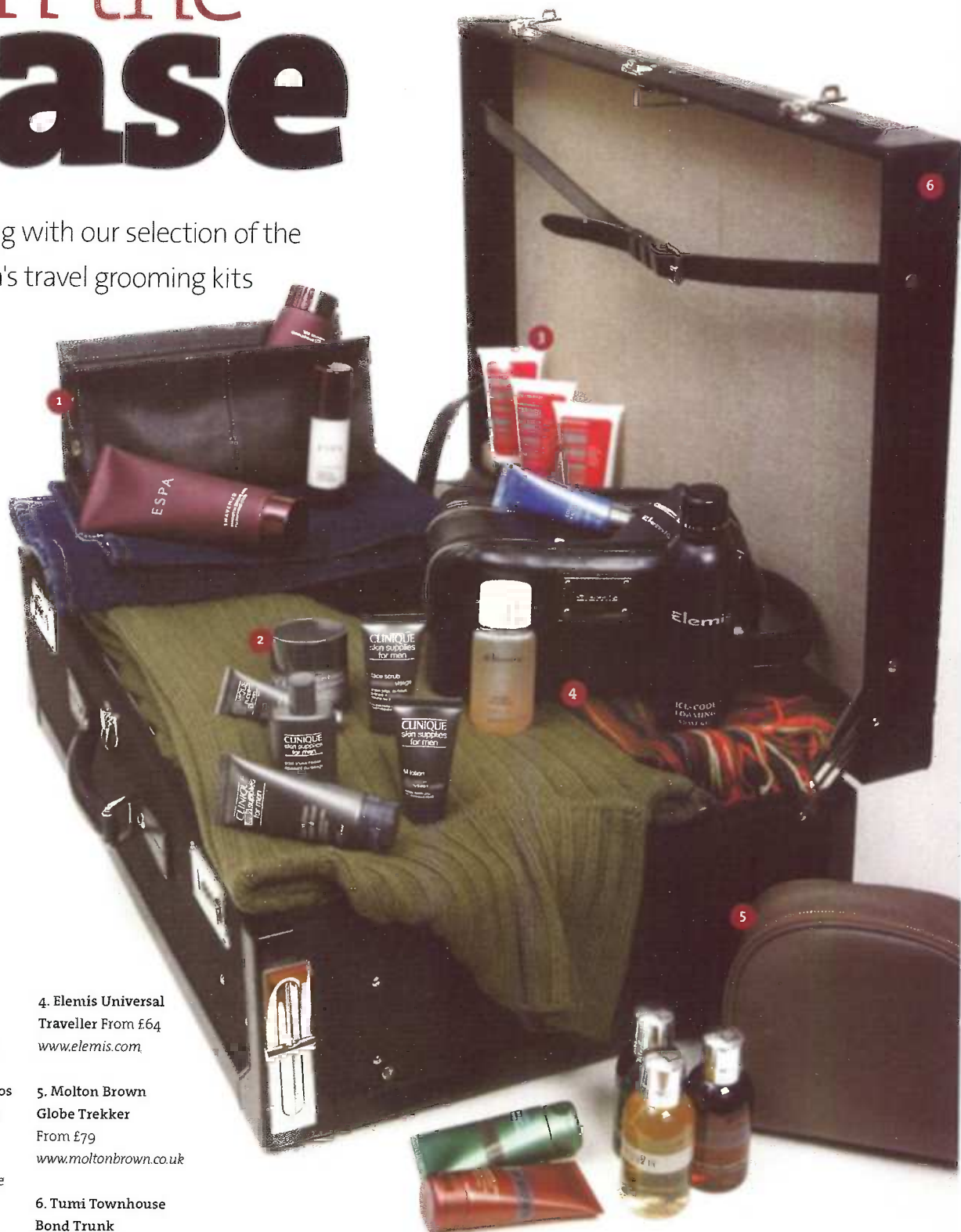
culture, spas,
beaches & more



spa ■ lifestyle ■ travel ■ health ■ beauty ■ fitness ■ fashion

on the case

Get packing with our selection of the finest men's travel grooming kits



1. ESPA Escape

From £99

www.espaonline.com

2. Clinique Travel Pros

From £22.53 Clinique

Moisture Upgrade

From £34 Available
from World Duty Free

3. Anthony Sport

Travel Set From £17.50

www.boots.com

4. Elemis Universal

Traveller From £64

www.elemis.com

5. Molton Brown

Globe Trekker

From £79

www.moltonbrown.co.uk

6. Tumi Townhouse

Bond Trunk

From £2,350

uk.tumi.com