

Men's Health

APRIL 2008 £3.80

SMALL STEPS, BIG RESULTS



UPGRADE YOUR SKIN

Take your grooming routine to the next level with three high-tech Lab Series formulas

GROOMING GUIDES

10 top tips for great looking skin

LAB SERIES

SKINCARE FOR MEN

HIGH TECH - HIGH PERFORMANCE - PROVEN RESULTS

A SPRING QUARTET

Whether jet-setting, jaunting or just plain sailing, we've scoured the four corners of the fashion world to identify the key spring trends to make you leap out from the crowd
Words Ryan Thompson Photography Andy Barter Styling Eric Down



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